

Table C-6: Civilian Labor Force and Employment

Updated June 2026

REGION/STATE (in thousands)	2020				2021				2022			
	Civilian Labor Force	Employed	Unemployed	Unempl. Rate (%)	Civilian Labor Force	Employed	Unemployed	Unempl. Rate (%)	Civilian Labor Force	Employed	Unemployed	Unempl. Rate (%)
Hillsborough County	241.2	224.4	16.8	7.0	237.4	229.1	8.3	3.5	241.3	235.1	6.2	2.6
Rockingham County	187.0	173.8	13.2	7.0	185.3	179.1	6.2	3.4	188.7	183.8	4.9	2.6
New Hampshire	764.1	713.1	51.0	6.7	753.2	727.6	25.6	3.4	759.9	741.4	18.5	2.4
Connecticut	1,884.1	1,734.5	149.6	7.9	1,842.2	1,724.5	117.6	3.8	1,925.7	184.8	78.1	4.1
Maine	670.6	636.7	33.9	5.1	688.5	656.1	32.4	4.7	683.0	663.5	19.5	2.9
Massachusetts	3,750.2	3,399.4	350.8	9.4	3,731.4	3,530.2	201.2	5.4	3,763.7	3,626.5	137.3	3.6
Rhode Island	570.2	517.9	52.2	9.2	572.5	540.9	31.6	5.5	572.7	554.1	18.6	3.2
Vermont	339.8	320.5	19.3	5.7	336.3	324.2	12.1	3.6	342.6	334.5	8.1	2.3
New England	7,979.0	7,322.1	656.8	8.2	7,924.1	7,503.6	420.6	5.3	8,047.7	7,767.6	280.0	3.5
United States	160,742	147,795	12,947	8.1	161,204	152,581	8,623	5.3	164,287	158,291	5,996	3.6
REGION/STATE (in thousands)	2023				2024				2025			
	Civilian Labor Force	Employed	Unemployed	Unempl. Rate (%)	Civilian Labor Force	Employed	Unemployed	Unempl. Rate (%)	Civilian Labor Force	Employed	Unemployed	Unempl. Rate (%)
Hillsborough County	239.1	233.6	5.5	2.3	241.4	234.6	6.7	2.8	241.6	233.2	8.4	3.5
Rockingham County	187.5	183.1	4.3	2.3	186.1	181.0	5.1	2.8	187.9	181.4	6.4	3.4
New Hampshire	762.2	744.8	17.4	2.3	770.7	750.8	19.8	2.6	775.8	751.1	24.7	3.2
Connecticut	1,909.2	1,848.1	61.2	3.2	1,932.8	1,868.9	63.9	3.3	1,937.2	1,859.4	77.8	4.0
Maine	694.4	676.0	18.4	2.6	706.6	685.3	21.2	3.0	709.1	685.3	23.8	3.4
Massachusetts	3,824.1	3,690.7	133.4	3.5	3,920.5	3,764.4	156.1	4.0	3,944.2	3,766.2	178.0	4.5
Rhode Island	581.5	564.1	17.3	3.0	593.8	568.6	25.2	4.2	593.3	566.7	26.6	4.5
Vermont	349.5	342.7	6.8	1.9	353.5	345.4	8.1	2.3	349.1	339.7	9.4	2.7
New England	8,120.8	7,866.4	254.4	3.1	8,277.8	7,983.4	294.4	3.6	8,308.7	7,968.4	340.3	4.1
United States	167,116	161,037	6,080	3.6	168,106	161,346	6,761	4.0	170,807	163,493	7,314	4.3

Source: NH Employment Security, U.S. Bureau of Labor Statistics

NOTE: Data for years 2023-2024 were revised and updated in 2026.